

VOLUNTEER Spotlight ... John Kopp



John Kopp accomplished an amazing feat this year, by attending and fundraising for all six of our Summer Strolls for Epilepsy™! Read more about John's journey below.

How did you first become connected with the Foundation?

Approximately 22 years ago, Dr. Burdette asked me if I would be interested in speaking at a conference about how well pregabalin has worked for me. I rehearsed what I was going to say for days. When it came to the moment when I was in front of all those doctors from across the state, I got tongue tied. But afterwards, Dr. Burdette came up to me and told me that I did great. Several other doctors did the same. Dr. Burdette then introduced me to several staff members of the Epilepsy Foundation of Michigan. After talking with them for a while, I remember being impressed with what the Foundation was all about. Once I was able to drive again on a regular basis, I knew I wanted to get involved with the Foundation. It started with the conference calls. Then in 2012, I began doing the Summer Strolls for Epilepsy™.

What is your main volunteer role with the Foundation?

That's easy...FUNDRAISING!!! I love doing it, and always have. Knocking on business' doors and asking them to sponsor my Stroll team, Team Jitterbug. I also ask for gift cards and/or products that I can use as prizes for my Stroll fundraisers, like Quarter Mania.

Tell us something that would surprise the people you have volunteered with?

2019 is going to be an iconic year! Not only will it be the 8th year for Team Jitterbug to be participating in the Summer Strolls, but I will be seizure free for 20 YEARS! If you follow Team Jitterbug for Epilepsy on Facebook and/or teamjitterbug4epilepsy on Instagram you may notice the #20yearsseizurefree once or twice in 2019.

What does the Epilepsy Foundation of Michigan mean to you?

The Epilepsy Foundation of Michigan means so many different things to me. If I had to narrow it down to just one thing I would have to say they give me hope. They give so much all the time, but the hope the Foundation gives amazes me, as well. The people at the Foundation are more than just hopeful to find a cure for epilepsy. They give each individual hope to be seizure free by taking the time with them and showing that they care by educating families on what to do when a seizure occurs. Whether it's a child or an adult with epilepsy, the Foundation is there for you. Each time I visit the Foundation website and see the homepage, there is always something new! That gives me HOPE!!! ⚡

To find out about more volunteer opportunities, contact Lori Brauer at (800) 377-6226 ext 1236 or email at lbrauer@epilepsymichigan.org

Mission Opportunities

2018

NOVEMBER

November 10

Wellness & Epilepsy

Conference



November 22

Turkey Trot With a Cause

Email [Lori Brauer](mailto:Lori.Brauer@epilepsymichigan.org) to help out!



2019

DATES TO COME

- **Summer Stroll for Epilepsy – JOIN US!**



- **Paul Neu Memorial Golf Classic**



- **Camp Discovery**



- **Back to School Conference**



- **Toasting Hope Tasting Event**



- **Wellness & Epilepsy Conference**



Volunteers are VITAL!

We could not do the work for our community if we did not have amazing volunteers like YOU!

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