

VOLUNTEER *Spotlight* . . . ZAHRA *Abbas*

Zahra Abbas has been volunteering with the Foundation for several years and has given us some insight on why she gets involved.



How did you first become connected to the Foundation?

I first became connected after attending one of the open houses. My pediatric neuro had told me about the Foundation for a few years and I finally listened and attended an event. Best thing ever!

How long have you been volunteering with the Foundation?

I have been a volunteer with the foundation since 2013. First time volunteering was at Camp Discovery and then became a volunteer at the Summer Strolls and conferences and now as an intern at the office.

Tell us one of your most memorable moments in your volunteer role?

There have been many memorable moments as a volunteer but the most memorable one was the first year I was a camp counselor. During the goodbyes I got to see kids who had been scared or shy the first day saying goodbye to each other like they had been friends forever. That brought tears to my eyes.

What would you tell others to encourage them to become volunteers?

What are you waiting for?! Volunteering not only helps this amazing organization but also gives you a chance to make incredible connections and build friendships with many people whether you are the one with epilepsy, or a friend/family of someone with seizures or just looking to learn more about epilepsy to help spread awareness.

What does the Epilepsy Foundation of Michigan mean to you?

The Foundation means many things to me but the most important one is they are supporters and advocates for me, the many others living with epilepsy, and their families and friends. 💡



To volunteer, contact Lori Brauer at (800) 377-6226 ext 1236 or email at lbrauer@epilepsymichigan.org

Why we love our volunteers:

Not only do volunteers lend a helping hand; providing valuable support, they are also some of the biggest advocates for our mission!

MISSION *Opportunities*

2018

JULY

July 14 Need Volunteers!
Lansing Summer Stroll for Epilepsy™



July 28 Need Volunteers!
Grand Rapids Summer Stroll for Epilepsy™



AUGUST

August 11
Back to School Conference - Livonia



SEPTEMBER

September 20
Toasting Hope Tasting Event - Birmingham



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