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**EPILEPSY
FOUNDATION**

Michigan

Epilepsy Foundation of Michigan 2015 ANNUAL REPORT

OUR MISSION

The Epilepsy Foundation of Michigan leads the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives.

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FROM THE PRESIDENT

The year 2015 presented many financial challenges to the Epilepsy Foundation of Michigan as we struggled to maintain service, in spite of the loss of a major contract. By the beginning of 2016, however, a number of projects we had initiated in 2015 were funded and our budget was balanced. These initiatives included a grant to re-start our self-management program, *PROGRESS*; a contract to increase access to services for children and youth with epilepsy; and funding to address non-medical switching.

Our commitment to a world without epilepsy, lives free from seizures is unwavering. We are dedicated to increasing epilepsy awareness; providing education, social support, and self-management tools; increasing available therapies; and advocating for the rights of people with epilepsy. Since 1948, we have been able to achieve our mission in Michigan because of the generous support shown by you and the community. We could not do it without your time, talents, financial support and loyalty.

I want to take this and every opportunity to thank you for your support. We present this Annual Report as part of our commitment to be transparent and to illustrate the impact you have made on our mission. Thank you for doing what you can to change the lives of those affected by epilepsy.



ARLENE S. GORELICK, MPH

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2015 PROGRAM IMPACT HIGHLIGHTS: HOW WE CHANGE LIVES

EPILEPSY FOUNDATION OF MICHIGAN STRIVES TO IMPROVE THE LIVES OF PEOPLE WITH EPILEPSY.

MORE THAN 5,000 PEOPLE RECEIVED DIRECT SERVICES FROM THE FOUNDATION IN 2015.

THE FOLLOWING EXAMPLES ILLUSTRATE THE LEVEL AND IMPACT OF THESE SERVICES:

- 100% of participants rated **Project UPLIFT**, a depression self-management program, as “excellent” and 80% of participants who had some level of depression at baseline had clinically significant reductions in depression scores (defined as 5 points or more on the PHQ-9 depression questionnaire). The mean score on the Perceived Stress Scale was reduced by 22%.
- 657 callers received an average of 28 minutes per call of individualized education and consultation through our **Here for You Helpline**.
- 82 contacts were made on behalf of 35 clients to help resolve conflicts related to employment, education, benefits, health care, or legal rights through our **Individual Advocacy** program.
- 88% of **Camp Discovery** participants reported that camp made them feel better about their epilepsy, and 96% made new friends. In addition, 77% of parents said that their child’s independence increased as a result of camp.
- 100% of participants in the **Studio E Art Therapy** program indicated that they enjoyed the program and found it to be a valuable experience. In addition, 94% felt more willing to engage in new and challenging activities as a result of participation.
- 74 people attended our third annual **Celebrating Abilities** event. This event showcased the creative talents of 19 people with epilepsy. 100% of participants agreed that sharing their creative talents at this event increased their self-confidence, and 100% met at least one new person at the event who shared an interest with them.
- Participants in our **Wellness & Epilepsy Conference** and our monthly Learn & Share Conference Calls had access to over 20 hours of educational content provided by 30 expert speakers who volunteered to share their knowledge.
- 920 educators and other human service professionals learned potentially life-saving seizure recognition and first aid skills through our **Seizure Smart** training.
- 25,000 people learned more about epilepsy by visiting one or more of the six educational pages in the **About Epilepsy** section of our website.

2015 FINANCIAL DATA: BEING GOOD STEWARDS OF YOUR SUPPORT

Statements of Financial Position <i>As of December 31, 2015 and 2014</i>			Statements of Activities <i>For the years ended December 31, 2015 and 2014</i>		
	2015	2014	Support & Revenue	2015	2014
Cash & cash equivalents	\$ 9,966	\$ 38,256	United Way allocations & designations	\$ 27,724	\$ 39,589
Investments	203,061	326,220	Revenue from governmental agencies	2,086	-
Contributions receivable	29,251	20,400	Foundation & corporate grants	125,400	173,698
Prepaid expenses & deposits	25,185	15,950	Special event revenues (net)	326,279	276,551
Property & equipment, net	3,687	7,637	Contributions & bequests	120,068	160,095
Total assets	\$ 271,150	\$ 408,463	Program service fees	42,989	37,097
			Investment income	(2,718)	12,659
Line of credit & trade payables	\$ 29,028	\$ 18,878	Other Income	-	1,250
Accruals – salaries & benefits	27,238	45,327	Total revenue	\$ 641,828	\$ 700,939
Accruals - other	5,274	7,088			
Refundable advances	250	600	Program Expenses		
Deferred rent	24,705	25,704	Individual & family services	\$ 275,553	\$ 291,485
Total liabilities	\$ 86,495	\$ 97,597	Community services	319,519	288,169
			Advocacy & Public Policy	69,540	72,994
Unrestricted net assets	\$ 157,025	\$ 296,411	Support Services		
Temporarily restricted	27,630	14,455	Development	9,803	10,115
Total net assets	\$ 184,655	\$ 310,866	Administration & general	93,624	82,262
			Total expenses	\$ 768,039	\$ 745,025
Total liabilities & net assets	\$ 271,150	\$ 408,463	Change in net assets	\$ (126,211)	\$ (44,086)

FULL FINANCIAL SUMMARY AND 990 AVAILABLE ON OUR WEBSITE:
WWW.EPILEPSYMICHIGAN.ORG

IN YOUR WORDS: IMPACT QUOTES FROM 2015

Camp Discovery

"It's hard to let him go to other places because of the unpredictability of epilepsy and people knowing what to do; but there at camp my mind is at ease with knowledgeable staff, nurses, and doctors. I know he is having the time of his life."

"My child is more independent, confident, and seems to want to work harder on time management and daily exercise since she has returned from camp."

"I like that almost everyone at camp had the same fears and medical problems as me. I didn't feel alone or feel like I was embarrassed about my condition. Thank you for the best 5 days of my summer! I can't wait 'til next year!"

Wellness & Epilepsy Conference

"Learned a great deal. Fascinating, wide array of topics. I honestly didn't realize something like this existed!"

Celebrating Abilities

"I love this event. It makes me happy and shows such hope for everyone."

"I just wanted to extend my gratitude and appreciation for including me in Celebrating Abilities event last night. It was such an amazing experience I definitely look forward to being more involved."

Project UPLIFT

"The last call was probably one of the best ones for me. I went into the program with no expectations ("Do I really need this?") - so for me, that sense that I'm not going through this alone was one of the biggest things. The 3-minute breathing space and the progressive muscle relaxation were huge for me. Plus, just noticing things (mindfulness, being in the moment)... I started noticing things I hadn't noticed before."

Here for You Helpline

"Thank you so very much for sending [information]. I will look into it. Also, thank you for taking the time to chat with me today. It is good to know we have such a valuable resource a phone call away...you and the Foundation are appreciated!"

"Thanks again for all of the advocacy work you and your team do at the Epilepsy Foundation. Thanks as well for answering my questions over the past years."



THANK YOU

Because of your support, another person with epilepsy can be filled with hope.

The Epilepsy Foundation of Michigan is leading the fight to stop seizures. We remain focused on our goals: to close the treatment gap between what is being done for people with epilepsy and what should be done, to improve how people with epilepsy are perceived, accepted, and valued in society and to ensure that people with epilepsy and their families have access to full life experiences. When our donors demonstrate their commitment to the epilepsy community, our organization gets even stronger.



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