



**EPILEPSY
FOUNDATION®**
MICHIGAN

Not another moment lost to seizures™

EPILEPSY FOUNDATION OF MICHIGAN ANNUAL REPORT - 2013

FROM THE PRESIDENT

Our call to action is clear: a world without epilepsy, lives free from seizures. And while we never lose sight of that call, we know that in the meantime people need top-notch education opportunities, increased epilepsy awareness, social support, epilepsy self-managements tools, and an effective and fierce advocate. That is why we are here.

The reason why we have been established in Michigan for over 65 years is because of the generous support shown by you, and the community. Our mission would not be possible without your time, talents, financial support, and commitment to creating a strong and active epilepsy community.

I want to take this and every opportunity to thank you for your support. The purpose of this Annual Report is to uphold our commitment to be transparent and illustrate the impact you have on our mission. Thank you for doing what you can to *lead the fight!*



OUR MISSION

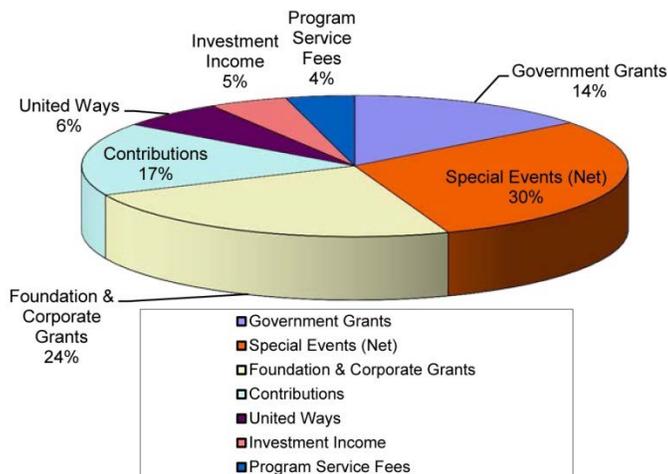
The Epilepsy Foundation of Michigan leads the fight to stop seizures, find a cure, and overcome challenges created by epilepsy.



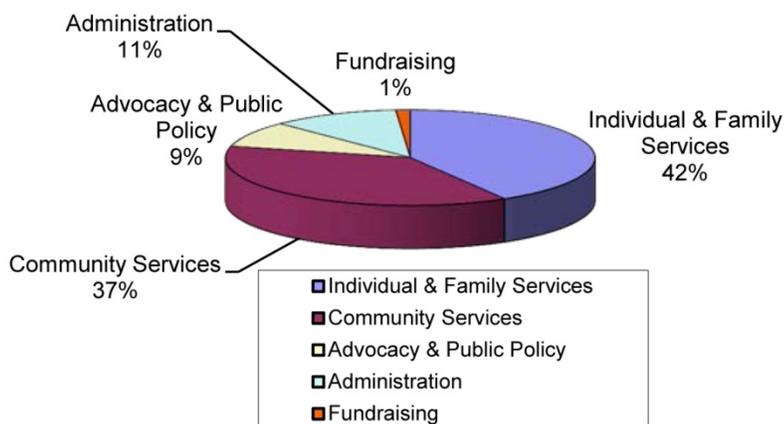
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2013 Financial Data: *Being good stewards of your support*

2013 ACTUAL REVENUES - \$791,719



2013 ACTUAL EXPENSES - \$827,109



FULL FINANCIAL SUMMARY AND 990 AVAILABLE ON OUR WEBSITE:
WWW.EPILEPSYMICHIGAN.ORG

2013 Program Impact Highlights: *How we are changing lives*

EPILEPSY FOUNDATION OF MICHIGAN STRIVES TO IMPROVE THE LIVES OF PEOPLE WITH EPILEPSY. MORE THAN 5,000 PEOPLE RECEIVED DIRECT SERVICES FROM THE FOUNDATION IN 2013. THE FOLLOWING EXAMPLES ILLUSTRATE THE LEVEL AND IMPACT OF THESE SERVICES:

- 65 contacts were made on behalf of 30 clients to help resolve conflicts related to employment, education, benefits, health care, or legal rights through our **Individual Advocacy** program.
- Participants in **PROGRESS Toward Wellness** (our phone-based epilepsy self-management program) received a total of 265 individual wellness planning calls. This resulted in fewer emergency room visits, reduced impact of stress, reduced depression scores, fewer activity limitations, improved cognitive function, and enhanced self-management skills.
- 78% of **Camp Discovery** participants reported that they were more physically active at camp than they were normally and planned to exercise more when they returned home. In addition, 70% of parents said that their child's independence increased as a result of camp.
- 100% of participants in the Detroit **Studio E Art Therapy** program indicated that they enjoyed the program, and it made them want to try new things.
- 130 people attended our first ever **Celebrating Abilities** event. This event showcased the creative talents of over 30 people with epilepsy. It featured art exhibits, performances, and opportunities for networking and support.
- Participants in our **Wellness & Epilepsy Conference** and our **Learn & Share Conference Calls** had access to more than 20 hours of educational content provided by over 25 expert speakers who volunteered to share their knowledge.
- Over 1,500 educators and other human service professionals learned potentially life-saving seizure recognition and first aid skills through our **Seizure Smart** training.

In Your Words: *Impact quotes from 2013*

CAMP DISCOVERY

"We would definitely recommend the Camp Discovery program to another family! What we have found is that the word "discovery" means that the child will discover that they are strong, confident, self-assured, and independent as a result of attending the camp. They will discover their own inner strength."

SEIZURE SMART

"I would like to express my thanks for your desire to educate parents and teachers about meeting the needs of children with epilepsy in our school program. Today, Cindy Leino-Handford visited with us at [our] Preschool in Plymouth. She was a very informative instructor. I appreciated her direct approach to meeting the needs of the child without in any way setting them apart as "different or needy". Information and education are key factors for helping others understand how to manage epilepsy in a school setting. I am looking forward to learning more through the online programs you offer. I know that the time Cindy spent with our staff today was educational and full of practical, useful information. Once again I offer my sincere thanks for your valuable program."

CELEBRATING ABILITIES

"I had a great time singing for the group at Celebrating Abilities...it was a very nice/good function to be at. I'm happy that I came to this function...I didn't realize that there were that many people with that many abilities. I guess God gives us all a talent that we can share or leave dormant. I'm glad I shared my voice at the banquet."